

Zinargin[®]

The ultimate zinc preparation with L-arginine and other cofactors.

USE: 2 tablets/day

PACKAGING: 60 blistered tablets/box



PRODUCT DESCRIPTION

Zinargin is a zinc supplement with two types of zinc that can be easily absorbed and has been enriched with cofactors such as L-arginine, methylsulfonylmethane (MSM), superoxide dismutase (SOD) and chlorophyll. For the maintenance of a normal immune response¹.

¹ Zinc and chlorella help maintain the **normal function of the immune system**;

- ✓ In addition, zinc contributes to the **protection of cells against oxidative stress, normal DNA synthesis and cell division**;
- ✓ Zinc is also good for **memory and concentration**;
- ✓ Only zinc preparation that combines two forms of zinc that can be easily absorbed together **with L-arginine**.

FORMULA (per daily dose of 2 tablets)

Active ingredients:

| | |
|--|--------|
| Chlorella pyrenoidosa (chlorella) | 500 mg |
| L-Arginine | 300 mg |
| Chondrus crispus (Irish moss) | 160 mg |
| OptiMSM [®] (methylsulfonylmethane) | 100 mg |

| | |
|--------------------------|---------------------|
| Zinc (gluconate) | 10 mg |
| Zinc (monomethionine) | 10 mg |
| Cucumis melo (muskmelon) | 6 mg (= 420 IU SOD) |



Inactive ingredients:

Filler: Microcrystalline cellulose. Excipient: Oryza sativa L. (rice extract). Glazing agent: Stearic acid.
Coating (Gelling agent: Hypromellose, Emulsifier: Glycerin).

% of daily reference intake per daily intake of 2 tablets: Zinc (20 mg) 200%.

INTAKE

- Intake best before or during meals. By preference, do not combine with bread or a soya meal (therefore take the Zinargin at least half an hour before). Zinc absorption may possibly be made difficult when taken together with phytin-containing food (such as grains and soya).



Information for Healthcare Professionals

Contact & info: www.nutriphyt.com

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- Dose for children, adults, pregnant women and when breastfeeding, see the reference values for zinc intake:

| | DRI ♀ - ♂ | Zinargin tablets (10 mg zinc/tablet) |
|---------------|--------------|---|
| 4-8 years | 6 mg/day | ½ to 1 tablet/day |
| 9-13 years | 9 mg/day | 1 tablet/day |
| 14-18 years | 9-11 mg/day | 1 to 2 tablets/day |
| Pregnancy | 11-12 mg/day | 1 to 2 tablets/day |
| Breastfeeding | 14 mg/day | 1 to 2 tablets/day |
| Adults | 8-11 mg/day | 2 tablets/day |

(Source: Belgian Superior Health Council - 2016)

PRECAUTION

- When taking antibiotics: Take Zinargin one hour after taking antibiotics.
The simultaneous intake of Zinargin with antibiotics may stop the effect of antibiotics.
- Ask your doctor or pharmacist for advice when using more than 10 mg of zinc a day.

CLEAN LABEL

Free from artificial colours and excipients. With only natural excipients and with a (natural) coating to neutralise the taste. Colour differences are normal and do not detract from the effect.

